



Services Directory

Agencies, organizations and schools making a difference together!

What is Violence?

Violence is any purposeful act or actions that cause physical, emotional, mental or spiritual damage/injury/hurt to an individual or a group of people. **Abuse** is any act or lack of action that takes power over or lessens the power of a person or group of people in order to cause mental, emotional, physical or spiritual hurt and stress.

Canadian Mental Health Association: (306) 692-4240

www.cmhamj.com Research, education, advocacy and promotion of mental health and mental well being.

Canadian Red Cross: (306) 721-1600

www.redcross.ca Prevention education, information training & workshops that promote respect in terms of relationship violence, bullying & child abuse.

Five Hills Health Region: Mental Health & Addictions Services: (306) 691-6464

<http://www.fhhr.ca/MentalHealth.htm> Information, intervention, group services, assessment, counseling, services for children, adolescents, and adults.

Holy Trinity Roman Catholic Separate School Division # 22: (306) 694-5333

www.htcsd.ca Information, prevention, intervention, post intervention, therapy/counseling, referral with children/families.

John Howard Society: (306) 693-0777

www.johnhoward.ca Helping offenders, victims and families: advocacy, program development, public education, networking and branch support services.

Kids Help Line: 1-800-668-6868

www.kidshelpphone.ca Toll-free, 24-bilingual, confidential and anonymous phone and web counseling, referral and information service for children and youth.

Ministry of Corrections and Policing: (306) 694-3649

Corrections and Policing delivers many services and programs to fulfill its mandate to promote safe Saskatchewan Communities. Community Corrections is responsible for the provision of correctional and rehabilitative services to adults and youth in conflict with the law.

Ministry of Social Services: (306) 694-3647

<https://www.saskatchewan.ca/government/government-structure/ministries/social-services> Child protection, community living; family violence, foster care, income assistance.

Moose Jaw & District Seniors: (306) 694-4223

www.misenior.com Social, physical and mental well being programs for seniors 50 and over.

Moose Jaw Housing Authority: (306) 694-4055

www.moosejawahousingauthority.com Provide adequate, suitable and affordable housing for individuals and households with low to moderate incomes.

Moose Jaw Multicultural Council: (306) 693-4677

www.mjmcinc.ca Settlement assistance, needs assessment and referrals, information and orientation, community connections, English language training, employment services, life skills, Newcomer Welcome Centre, licensed daycare, and volunteer opportunities.

Moose Jaw Police Service: (306) 694-7600

Moose Jaw Pride: (306) 692-3388

www.moosejawpride.ca A resource centre and drop-in space for those wanting to know more about gender and sexual diversity. Moose Jaw Pride organizes community events throughout the year in Moose Jaw and in other smaller centres across Saskatchewan.

Moose Jaw Royal Canadian Mounted Police: (306) 691-4670

Fdiv-moose_jaw@rcmp-grc.gc.ca The overall goals are Crime Reduction, Crime Prevention and Safe and Secure Communities. These goals can best be achieved through a partnership based on community and police relations.

Moose Jaw Transition House: (306) 693-6511, Outreach Program: (306) 693-6847, Children's Program: (306) 693-6848

www.mj-transitionhouse.com 24-hour crisis line, shelter for women and children, children's programming, individual or group support for any individual experiencing violence.

Prairie South School Division #210: (306) 693-4631

www.prairiesouth.ca Information, prevention, intervention, post intervention, referral with children/families.

Roots of Empathy: (306) 690-6201

www.rootsofempathy.org An evidence-based program for Kinder-Grade 8 students that teaches emotional literacy and increases empathy among children by partnering with a parent and their new baby who visit the class each month. *Building caring, peaceful and civil societies through the development of empathy in children and adults.*

Seniors Neglect and Abuse Response Line: Regina & Area (306) 757-0127 (Mobile Crisis) <http://skseniorsmechanism.ca/resources-programs/seniors-neglect-abuse-response-line/>

24 hour Crisis - Senior Abuse includes physical/sexual; psychological, emotional, and verbal; financial; neglect; and denial of entitlements protected by law.

Victim Services: Moose Jaw & District: Coordinator: (306) 694-7621

<http://www.mjpolice.ca/resources/VictimsServices> Information, support and referrals for victims of crime and tragic events. Volunteers, (306) 694-7624

YMCA of Moose Jaw: (306) 692-0688

www.mjymca.ca We offer a variety of children, youth, adult and family programs to build strong kids, strong families, and strong communities.

Salvation Army: (306) 692-5899

Provides emergency client assistance (food, clothing, furniture) to individuals and families with low to moderate incomes.